Thursday April 24th 2025

Heritage Woods Secondary

"WE ARE KODIAKS"

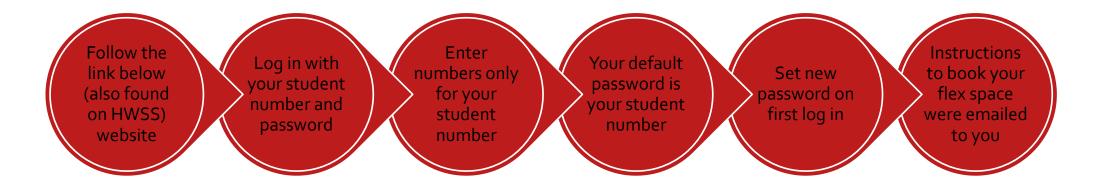


Bell Schedule

Block 1	8:00 – 9:12
Block 2	9:16 – 10:28
FLEX	10:28 – 10:57
Block 3	11:01 – 12:13
LUNCH	12:13 - 12:53
Block 4	12:57 – 2:09
Block 5	2:13 – 3:25



My Weekly Planner Flex Booking System



https://hwss.myweeklyplanner.net

FLEXpectations

- Attend one of your 4 classes
- The Grand Hall is for Grade 12's only



- Flex is less than 30 minutes, and you are to remain in one class
- Flex is instructional time = Cell phones stored





Please be respectful and refrain from parking in the handicap spots located at the back of the school. Unauthorized vehicles may be towed at the owner's expense.

Thank you for your cooperation!

HERITAGE WOODS SECONDARY

AFTER GRAD HOLLYWOOD EVENT.

JUNE 7TH 2025 | 11:00 PM TO 3:30AM TICKETS ON SALE APRIL 4TH SCHOOLCASH ONLINE \$85

EARLY BIRD BONUS PURCHASE YOUR TICKET BY MIDNIGHT ON APRIL 11TH FOR A CHANCE TO WIN YOUR TICKET PRICE BACK!!

CASINO TABLE & DEALERSWIPE OUTDJ & DANCE FLOOR• MAGICIANIRON MAN OBSTACLE COURSEAIRBRUSH TATTOOBALLOON ARTIST/JUGGLERMECHANICAL BULLCARICATURE ARTISTS• HYPNOTIST360 PHOTO BOOTHAIR HOCKEY & MORE



April 30

MAZING

PRIZES



Greece 2026

March 19th to $30^{th} 2026$

VISIT WWW.EFTOURS.CA/2842224VS FOR TOUR DETAILS AND INFORMATION



Don't miss out!

If you have any questions, please see Mr. Castonguay and/or up an application /information package from the PHE office



International Student Summer School Registration Attention all international students: Summer school registration is now open!!



Please click on the link for information on the courses offered <u>– Summer Program – Coquitlam School District 43</u> Please see Ms. A. Lee (Room 245) if you have questions or need help with registration.



ALL GRADE 11 CLC FLEX MEETINGS

AITKEN: Thurs.May 1st Room 240 <u>FERRER:</u> Wed.Apr.30th Library <u>GAY:</u> Wed.Apr.30th Room 104 <u>JARVIS:</u> Wed.Apr.30th Theatre <u>JOHAL:</u> an email will be sent <u>LEE:</u> an email will be sent <u>PAISLEY:</u> Wed.Apr.30th Room 232 <u>ROSS:</u> Wed. April 30th Room 238

SALOUSTROS: Thurs.May 1st

Theatre

<u>SMITH</u>: Wed.Apr.30th Room 213

TING: Thurs.May 1st Room 214

WIEBE: Tues.Apr. 29th Room 305

** If you are unable to make this meeting, please contact your CLC teacher.

Heritage Woods Secondary Grad 2025

Online Grad Apparel Store

store.passionsports.ca/hwssgrad2025



May 11



Grad Dinner Dance - Table Selection

•Table selection for the grad dinner dance will take place April 28 to May 2.

•You can pick up a table selection form on Monday, April 28 in front of the theater. Forms will then be available for pick-up at the main office until May 2.

•All completed forms need to be handed in to Ms. Watt. You also need to have paid for your dinner dance ticket to be eligible for table selection.





GREEN TUESDAY

Wear **green** or **blue** to show your love for the planet!

Bonus: outfits made from secondhand clothes or things you already own.

RESUABLE WEDNESDAY

Show off your favorite **reusable item!** water bottles, tote bags, lunch boxes, straws, etc.

THRIFT THURSDAY

Wear a **thrifted outfit** that promotes sustainable fashion.

EARTH DAY SPIRIT WEEK APRIL 22-24

THRIFT THURSDAY

Wear a thrifted outfit that promotes sustainable fashion.



Entry Fee: \$5 MAY 23RD 2025 PROMOTING SUSTAINABLE FASHION LOCATION: HERITAGE WOODS SECONDARY

TIME: 6PM-8PM

SIGN UP TO JOIN!



International Education Program Summer School 2025 Volunteer Positions

School District No. 43 (Coquitlam)'s International Education Program is seeking volunteers for its Summer School Programs from 8:30am-12:00pm, July 7 – August 8, 2025. International students participate in English as a Second Language classes in the morning and may also participate in afternoon cultural activities. Alternately, international students may enroll in credit courses and be working toward graduation requirements instead. Both summer school programs run at Pinetree Secondary School.

Volunteers are an important component of the International Education Program's Summer School. We have a number of different opportunities for volunteers to work with students. The volunteer hours may be used towards graduation, if you have completed grade 9. A letter can be provided to you at the end, at your request.

Requirements:

The successful candidate would ideally:

- take initiative and approach students they don't know
- possess good leadership, organizational and interpersonal skills
- be proficient with the English language
- have experience with a second language
- be reliable and trustworthy

<u>Note:</u> first aid certification, experience working with international students, and knowledge of Mandarin, Spanish or Korean are assets. Students outside of the aforementioned criteria will also be considered.

TO APPLY:

1. Submit your resume to achapell@sd43.bc.ca or drop off in person at 1080 Winslow Ave,

International Education Office c/o Adrienne Chapell a. Students who volunteered in Summer 2024 do not need to submit a resume

2. Complete the MS Form which can be accessed through this QR code:

Deadline to apply is June 13, 2025.

You will only be considered if both the resume and MS Form have been submitted by the deadline.

Successful candidates will be contacted in late June; please ensure you check your email regularly.

International Ed Summer School Volunteering 2025



KODIAK ATHLETICS





Athletic Banquet is Thursday, June 12, 2025.

•Tickets are on SchoolCash online and will close on June 1st for purchase.



CAREER CENTER



Get Certified- apply at 43careers.com

"What the L" : ICBC Learners Permit Program

Applications Open: April 1, 2025 - 9:00AM Applications Close: April 17, 2025 - 3:00PM

The "What the L" Program is a partnership with SD43 and ICBC to provide students to help prepare students for their learners permit test. This 2-day program allows students to work with an ICBC instructor to better understand the rules of the road and gain tips & tricks for ICBC test taking. All students who take this program will take their learners permit test and upon successful completion will receive their "L!"

Date: Session #1: May 6th, <u>2025</u> Session #2 May 13th <u>2025</u> Location: Winslow Center Time: Session #1: 9:00-2:00pm Session #2: 9:00am- 3:00/4:00pm (TBD based on testing times)

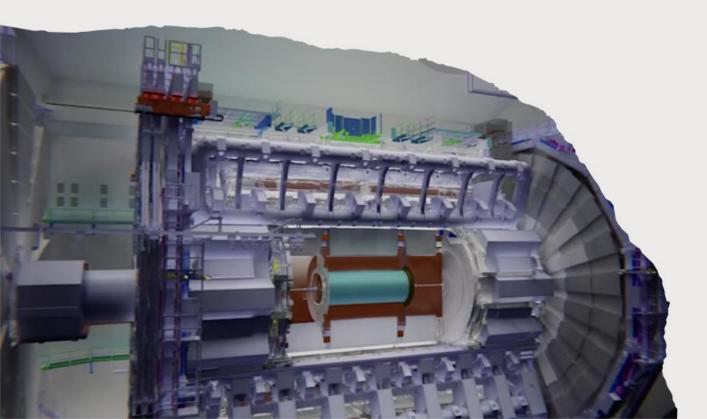
Occupational First Aid (OFA) - Level 1

Applications Open: April 1, 2025 - 9:00AM Applications Close: April 17, 2025 - 3:00PM *applications will be accepted on a first-come-first-served basis

Occupational First Aid (OFA) Level 1 is a **one-day course** designed to cover all medical techniques considered to be within the responsibility of the Occupational First Aid Level 1 Attendant as required by the Workers' Compensation Board of BC (WCB).

Date: Wednesday May 21, 2025
Location: Como Lake Middle School
Time: 8.30am -4:30pm

Atlas Particle Physics Masterclass at TRIUMF and SFU



The International ATLAS Masterclass returns to BC, Saturday April 26th, from 9am until 2pm.

Registration is now open for grade 11 and 12 students, however, all students with an interest in particle physics are welcome to attend. This full day of onsite events will be available to students on the mainland at both Simon Fraser University and TRIUMF, with Okanagan College and University of Victoria holding joint events.

During the day, every student will have the opportunity to:

- Learn about research topics and methods that are fundamental to particle physics
- Analyze measurements on real data from the ATLAS experiment
- Network with other high school students and researchers from University of Victoria, Lawrence Berkeley National Laboratory, and Okanagan College to discuss results

For TRIUMF and SFU area attendees, seating is limited to the 50 students in total on a first-come basis. Registration will remain open until April 18th to account for changes to attendance and waitlists. Communications to all registered students and parents will be held through this email address.

 <u>https://www.eventbrite.ca/e/atlas-masterclass-2025-tickets-</u> 1294898609599?aff=oddtdtcreator

Dr. Hal Weinberg Scholarship for Anmore graduates

The \$3,000 Dr. Hal Weinberg Scholarship is awarded annually to an Anmore Grade 12 student who has demonstrated exceptional community commitment and plans to pursue post-secondary education.

The recipient(s) of the scholarship will have one (1) year to enroll into the post-secondary institution of their choice. Proof of enrollment must be provided prior to disbursing the scholarship.

- The successful recipient will be based on a variety of factors including community volunteering, academic achievements, extra-curricular activities and future plans.
- To apply visit: <u>https://anmore.com/community/scholarships-grants-awards/hal-weinberg-scholarship/</u>
- Application by May 16, 2025



Ever wondered what it is like to be an engineer?



https://www.eventbrite.ca/e/spend-a-daywith-bcit-women-in-engineering-club-tickets-1279684012329 Join BCIT's inspiring women and gender-diverse engineering and engineering-related students. Explore our labs, take part in interactive experiments, and discover the possibilities of a future in engineering.

This **free** event is open to all women and gender-diverse high school students and recent graduates. Don't miss out on this opportunity to learn, connect, and get inspired!

Event Details:

Date: Thursday, May 1st, 2025

Time: 9:00 AM - 3:00 PM

PLocation: BCIT Burnaby Campus, Building SE2, Town Square A&B

3700 Willingdon Ave, Burnaby

Limited spots available! - Register now!

Free admission for high school students and recent graduates

Lunch, snacks, and prizes provided

Sasamat Volunteer Firefighters Assoc Award Applications on HW website. Deadline June 18

Sasa		nteer Firefighters	Association
FIREFIGH	202	5 Award Application Form Due: June 18, 2025	FIREHENTERS Tesociation
Stude	ent's Name:		
Addre	ess:		
Posta	I Code:	Phone:	
Gradu	lating Year:	Grade:	
	Secondary Plan:		
FUSI	Secondary Flan.	(a brief description of what field you pl	an to study)
Plann	ing to enroll at:		
Accer	oted at:		
Accel	oled al.		
CHEC	CKLIST: (include all d	ocuments in one package)	
	Resident of Anmore	or Belcarra – Graduating from Grade 1	2 this school year
		ay on the topic "Why Volunteering is Imp	
		cumented - include details of volunteer	
		at a post-secondary and/or enrollment	within one year
		ers - from non-family members	for the standard beaution
		include contact details and verification	
	Application Form att	ached - Attach this form to the front of a	supporting materials

Return completed application by June 18, 2025 to:

Heritage Woods Career Centre, OR your local Village Hall (Anmore or Belcarra)

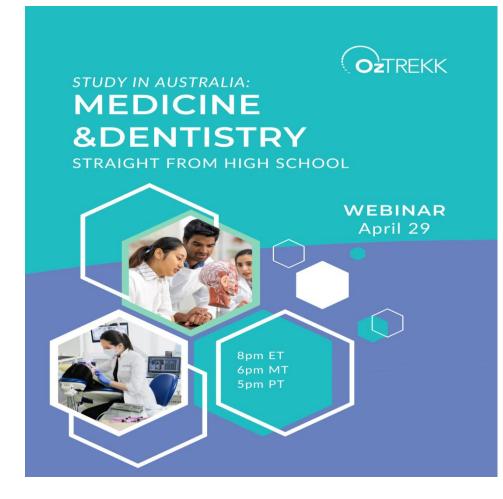
Sasamat	Volunteer Firefighters SVFA 2025 Award Details			
FIREFIGHTERS	Due: June 18, 2025	TREFIGHTERS		
	ATTENTION: Anmore & Belcarra Grade 1 Amount of Award: \$750	2 Students		
Criteria:				
 Must be a Grad 	e 12 student and resident of Anmore or Belcarra.			
 Available to gra 	Available to graduating students entering a post-secondary education program in one of the			
following fields: Services.	Fire, Police, Public Safety, Medical, Healthcare, D	Dental, Military, Social		
Students must	provide Proof of Enrollment in a post-secondary p	rogram within one year.		
 750–1,000 word 	essay on the topic: "Why Volunteering is Impo	ortant in My Community?"		
 Include details 	f volunteer service in the essay.			
 2 Letters of Ref 	erence from non-family members, verifying volunt	eer work hours completed.		
 Include contact 	details of References (e.g. email, phone number)			
Essay Prompt: "Why	is Volunteering Important in My Community?"	,		
 By "community, 	we mean where you live (e.g. Anmore or Belcarr	a), your school community,		
faith community	team/club community and/or other communities	to which you belong.		
Describe "your	community" in your essay.			
Possible prompts to	help elaborate your response:			
 What was your 	role in the volunteer work? What specific voluntee	er service did you provide?		
 What were your 	responsibilities? What did you accomplish? How	many hours did you serve?		
Upon reflection	what did you learn from your experience? How h	as this experience influenced		
your future dire	tion?			
path?	re you planning to study? How will your commun			
 Feel free to add 	any additional information to complete your answ	ver.		
	une 18 th , 2025, and can be submitted to either He Hall (Anmore or Belcarra).	ritage Woods Career Centre		
Questions? Contact	SVFA at: <reply2svfa@gmail.com></reply2svfa@gmail.com>			



Have you ever thought about studying in Australia or New Zealand?

- Webinar: Direct-Entry Medicine & Dentistry (for students, parents, teachers & counsellors)
 April 29, 2025 2 5 p.m. PT
 Learn about program options, admission requirements & timelines
 Featuring a current medical student and a parent of a dentistry student
- Register:

https://us06web.zoom.us/webinar/register /9317417259052/WN_DUxU2VLNRKWov96a uRyNUQ#/registration



COMMUNITY





home to our arts community PLACE DES ARTS

DECORATE YOUR ACCESSORIES

Friday, April 25 • 5:00 – 7:00 PM @ Place des Arts • ages 13–17

Join us to customize accessories using **deco cream** and cute charms as well as a <u>beaded phone charm making</u> activity! <u>Bring</u> your own small items to decorate <u>or use our provided hair clips and keychains</u>. All supplies AND snacks are included, just bring your friends and your creativity!

FREE to attend : Scan to RSVP RSVP required; walkins only accepted when space is available



Place des Arts - 1120 Brunette Avenue, Coquitlam

Please bring a **SMALL** personal item that can fit within a 7.1" x 4.7" x 2" (height) takeout box! DECO CREAM TAKES A FEW DAYS TO FULLY DRY

Examples of items you can bring: AirPods, photo frame, etc.

Led by the Youth Art Council





Youth Week May 1-7

FREE events from May 1-10 in honour of Youth Week held at the Recreation Complex for grades 6-12!

Thursday, May 1	Carnival Night	5-8pm
Friday, May 2	Hot Dog BBQ (includes hotdog and drink)	6-10pm
Saturday, May 3	Movie night with Popcorn	5-9pm
Tuesday, May 6	Art Night	5-8pm
Wednesday, May 7	Games Night	5-8pm
Saturday, May 10	3 on 3 Basketball Tournament* (replacing Drop-in Gym)	5-9pm
		(nwawa)

For more information visit portmoody.ca/youthweek *Registration required for 3 on 3 Basketball Tournament



PORT MOODY

@ @pomoyouth | portmoody.ca/Youth | 604.469.4556



Volunteer opportunity!!



Looking for a fun and meaningful way to earn volunteer hours, build your resume, and make a difference in your community? The <u>Spirit Triathlon</u> is happening on **Saturday, May 3rd, 2025** at <u>Hyde Creek Recreation Centre in</u> <u>Port Coquitlam</u> — and we'd love for you to join our volunteer team!

This exciting event brings together **480 kids from grades 2 to 8** to swim, bike, and run — either on **relay teams** or as **individuals**. It's a fun, inclusive day all about teamwork, community spirit, and cheering kids across the finish line! Check out <u>2024 Spirit Triathlon</u>

Volunteer Perks:

- ✓ A reference letter for anyone who asks
- A crepe voucher for anyone who completes 2 shifts
- A swag bag for every volunteer
- ✓ A volunteer T-shirt for the first 50 people who sign in on race day
- Earn high school volunteer service hours
- ✓ Be part of a welcoming, energetic event supporting local kids and families!

No experience needed — training is provided!

Whether you can give a few hours or the whole morning, your help makes a huge difference.

Interested?

https://signup.com/client/invitation2/secure/80937532023/false#/invitation

We'd love to have you on board! volunteer@spirittriathlon.ca



XdHacks Mini Vancouver PRIVATHON event

XdHacks Mini Vancouver, a youth-led organization dedicated to inspiring students to explore STEM through fun and engaging events. We're excited to announce the **EARLY REGISTRATION** for our upcoming **Privathon** is now open!

Date: May 24 & 25
 Location: VISST
 Time: 9 A.M. to 6 P.M.
 Open to: 13-18 year olds
 Cost: \$10 per participant (for early registration by May 03)
 No coding experience necessary — beginners are welcome!

IMPORTANT: Early registration is open until May 3, afterward the fee will rise to **\$15! Registration: <u>https://privathon-vancouver.devpost.com/</u>**, and fill in this form: <u>https://form.gle/m5vqjfXhoRMiBbxD9</u>

The hackathon is an opportunity for students to work collaboratively, build creative tech projects, learn new skills, and win awesome prizes with workshops, mentorship sessions, and lots of fun activities throughout the day. A great way to explore interests and boost STEM skills.

Details: https://xdhacks.org/vancouver/privathon

